



# THOMAS WILLINGALE SCHOOL AND NURSERY

The Broadway, Loughton, Essex. IG10 3SR. Tel: 020 8508 7287 Fax: 020 8502 5364

Headteacher: Miss T. Phillips B.A. (Hons.), PGCE

## Reception Forest School Letter

Dear Parents/carers,

This term, we are delighted to inform you that **Reception** will have the opportunity to participate in **Forest School**. Forest School is a fantastic opportunity for children to learn and gain confidence in a different setting, engaging with nature. The sessions will be delivered by Mrs Lovell, an accredited Forest School practitioner.

The sessions will be held for one hour per half class **every other Tuesday**, meaning that your child will have Forest School **once every fortnight** (as we will alternate with a different year group).

**Reception** will have their first session next week: **Tuesday 9<sup>th</sup> Sept**. The dates will then follow a fortnightly pattern until December:

- **Tues 23<sup>rd</sup> Sept**
- **Tues 7<sup>th</sup> Oct**
- **Tues 21<sup>st</sup> Oct**
- **HALF TERM**
- **Tues 11<sup>th</sup> Nov**
- **Tues 25<sup>th</sup> Nov** (Last session before Christmas)

The sessions will be held outdoors, we ask that you please provide your child with a **waterproof coat** and a **pair of wellies** that you don't mind getting muddy. Please bring in their wellies in a **carrier bag with your child's name on**.

Children are also allowed to wear jogging bottoms or jeans on their Forest School day, leggings are NOT recommended, as they don't provide enough protection for sitting

Website: [www.thomaswillingaleprimary.co.uk](http://www.thomaswillingaleprimary.co.uk)

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outside. **Waterproof trousers or suit are highly recommended, or a change of trousers if not.**

Your children may also wear a non uniform long sleeved top, so they do not get their school uniform dirty. The children are required to wear long sleeves whatever the weather to prevent scratches from twigs etc.

Please consider what you give them to wear, plain tops only, remembering that these are clothes they will get dirty. A PE jumper is a good option if you have more than one.

We will be out in **all weathers**, so appropriate clothing is essential. There is a saying that is common amongst Forest School practitioners, *There is no such thing as bad weather, only bad clothing*. Not having the correct clothing will mean your child cannot join in with the session and we don't want them to miss out.

If you have any questions, please speak to your class teacher, who can pass the message on to me, and we will get back to you.

We are very excited to welcome our new Forest School cohort this term!

Kind regards,

Mrs Lovell.



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