

Menu

Week 1

Eat the Seasons

- SEASONALLY FRESH, PERFECTLY PICKED -



Look for this logo on the menu to try a yummy seasonal special!

MON

TUES

WED

THU

FRI

Mains

HAPPY TUMS



Pepperoni Pizza
(G,Mk,E)

Beef Lasagne
(G,Mk)

Pork Sausage with
Gravy and Yorkshire
Pudding
(G,Mk,E)

Chicken Korma
(Mu,Mk)

Breaded Fish
Fingers
(G,F)

Veggie

MEAT FREE

Cheese and
Tomato Pizza
(G,Mk,E)

Roasted Vegetable
Lasagne
(G,Mk)

Veggie Sausage
with Gravy and
Yorkshire Pudding
(G,E,Mk)

Vegetable Curry
(None)

Breaded Veggie
Fingers
(G)

Veg

EXTRA GOOD



Sweetcorn
~~~~~  
Steamed Carrots

Peas  
~~~~~  
Cauliflower

Carrots
~~~~~  
Green Beans

Mixed Vegetables  
~~~~~  
Broccoli

Garden Peas
~~~~~  
Baked Beans

## Carbs

EXTRA FILLING



Sauté potatoes

Garlic Bread  
(G,Mk,So)

Roasted Potatoes

Steamed rice

Oven Baked Chips

## Dessert

SWEET TREAT



Strawberry  
Flavoured Jelly

Scooped Vanilla Ice  
Cream  
(Mk,Su)

Strawberry  
Flavoured Jelly

Lemon Drizzle Cake  
(G,E,Mk)

Fresh Fruit  
Or  
Yoghurt  
(Mk,So)

*Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.*



## Dates

21/4/25 12/5/25

9/6/25 30/6/25

21/7/25

## Allergens

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals

containing Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide



# Menu

Week 2

eat the **Seasons**

- SEASONALLY FRESH, PERFECTLY PICKED -



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## Mains

HAPPY TUMS

| MON                           | TUES                                                            | WED                                                       | THU                                                                    | FRI                           |
|-------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------|------------------------------------------------------------------------|-------------------------------|
| Pork Sausage Roll<br>(G,Su,E) | Tacos and Slow Cooked Beef with Salsa and Sour Cream<br>(Mk,Su) | Roast Turkey with Gravy and Yorkshire Pudding<br>(G,E,Mk) | Penne Pasta with Fajita Chicken, Tomato Sauce and Peppers<br>(G,Mk,Mu) | Breaded Fish Fingers<br>(G,F) |

## Veggie

MEAT FREE

|                                 |                                                             |                                                          |                               |                                             |
|---------------------------------|-------------------------------------------------------------|----------------------------------------------------------|-------------------------------|---------------------------------------------|
| Veggie Sausage Roll<br>(G,E,Su) | Veggie Quesadilla with Sour Cream and Salsa<br>(Ce,G,Mk,Mu) | Quorn Roast with Gravy and Yorkshire Pudding<br>(E,G,Mk) | Macaroni and Cheese<br>(G,Mk) | Cheddar Cheese and Onion Quiche<br>(G,E,Mk) |
|---------------------------------|-------------------------------------------------------------|----------------------------------------------------------|-------------------------------|---------------------------------------------|

## Veg

EXTRA GOOD

|                  |           |              |             |             |
|------------------|-----------|--------------|-------------|-------------|
| Baked Beans      | Broccoli  | Baby Carrots | Broccoli    | Garden Peas |
| Mixed Vegetables | Sweetcorn | Green Beans  | Cauliflower | Baked Beans |

## Carbs

EXTRA FILLING

|             |                      |                  |                           |                  |
|-------------|----------------------|------------------|---------------------------|------------------|
| Mash Potato | Crispy Potato Wedges | Roasted Potatoes | Garlic Bread<br>(G,Mk,So) | Oven Baked Chips |
|-------------|----------------------|------------------|---------------------------|------------------|

## Dessert

SWEET TREAT

|                            |                   |                                   |                            |                                      |
|----------------------------|-------------------|-----------------------------------|----------------------------|--------------------------------------|
| Strawberry Flavoured Jelly | Shortbread<br>(G) | Fresh Fruit Or Yoghurt<br>(Mk,So) | Strawberry Flavoured Jelly | Scooped Vanilla Ice Cream<br>(Mk,Su) |
|----------------------------|-------------------|-----------------------------------|----------------------------|--------------------------------------|

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.



## Dates

28/4/25 19/5/25  
16/6/25 7/7/25

## Allergens

Ce = Celery  
Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals containing Gluten

L = Lupin  
Mk = Milk  
Mo = Molluscs

Mu = Mustard  
N = Nuts  
P = Peanuts

Se = Sesame Seeds  
So = Soya  
Su = Sulphur Dioxide

# Menu

Week 3

**Eat the Seasons**  
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Look for this logo on the menu to try a yummy seasonal special!

MON

TUES

WED

THU

FRI

## Mains

HAPPY TUMS

Italian Beef Bolognese (G)

Frankfurter Hot Dog in a Bun (G,Su)

Roast Gammon with Yorkshire Pudding (G,E,Mk)

Creamy Chicken Puff Pastry Pie (G,Mk)

Breaded Fish Fingers (G,F)

## Veggie

MEAT FREE

Veggie Mince Bolognese (G,So)

Quorn Frankfurter Hot Dog in a Bun (G,E,Su)

Quorn Sausage with Yorkshire Pudding (G,Mk)

Creamy Vegetable and Sweetcorn Pie (G,Mk)

Breaded Veggie Fingers (G)

## Veg

EXTRA GOOD

Roasted Vegetables  
~~~~  
Sweetcorn

Baked Beans
~~~~  
Peas

Green Beans  
~~~~  
Sweetcorn

Cauliflower
~~~~  
Carrots

 Garden Peas  
~~~~  
Baked Beans

Carbs

EXTRA FILLING

Garlic bread (G,Mk,So)

Crispy Potato Wedges

 Roasted New Potatoes

Mashed Potato (Mk)

Oven Baked Chips

Dessert

SWEET TREAT

Strawberry Flavoured Jelly


Fresh Fruit Or Yoghurt (Mk,So)

Strawberry Flavoured Jelly


Fresh Fruit Or Yoghurt (Mk,So)

Scooped Vanilla Ice Cream (Mk,Su)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.



Dates
5/5/25 2/6/25
23/6/25 14/7/25

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

