

WHEN IT COMES TO NOURISHING YOUNG MINDS AND BODIES, WE'VE DONE OUR HOMEWORK!

Compared to an average
packed lunch an Accent
school meal contains:



**15%
LESS** 
SATURATED FAT

**46%
LESS** 
SALT

2x 
THE FIBRE

1/2 
THE FREE SUGARS



-  The School Food Standards have been in place for school meals for many years.
-  These standards ensure school meals provide children with a balance of nutrients.

-  There is no existing policy in place to control what is brought in packed lunches.
-  Less than 2% of packed lunches meet the nutritional standards.

OUR FRESHLY PREPARED FOOD SUPPORTS OPTIMAL GROWTH & LEARNING!

To book school lunches, please speak to the School Office who will be happy to help.